

THE NEW JERSEY PSYCHIATRIC ASSOCIATION  
PRESENTS

*Pressure & Resilience Across the Lifespan*

2017 SPRING CME CONFERENCE



*When*

SATURDAY, APRIL 22, 2017

*Where*

NJHA CONFERENCE & EVENT CENTER · 760 ALEXANDER AVENUE · PRINCETON, NJ

*Inquiries*

TRICIA DECOTIIS, NJPA EXECUTIVE DIRECTOR  
PATRICIA.DECOTIIS@NJPSYCHIATRY.ORG · (908) 588-3540

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A CME CONFERENCE JOINTLY PROVIDED BY THE **AMERICAN PSYCHIATRIC ASSOCIATION** AND **NEW JERSEY PSYCHIATRIC ASSOCIATION**, A DISTRICT BRANCH OF THE AMERICAN PSYCHIATRIC ASSOCIATION.

## Program Overview

THE CONFERENCE WILL FOCUS ON STRESS AND PRESSURE THAT CAN LEAD TO PSYCHIATRIC DISTRESS, AND THE MANAGEMENT OF SUCH, IN PATIENTS. HIGHLIGHTED AREAS WILL INCLUDE THE TRANSITION FROM ADOLESCENCE TO ADULTHOOD AND A STUDY OF RESILIENCY, ALL WHILE INCORPORATING A LOOK AT SUICIDALITY THROUGHOUT THE LIFESPAN. ATTENDEES WILL REVIEW ADOLESCENT PSYCHOLOGICAL CONFLICTS, LEARN TO INCORPORATE A RESILIENCY-FOCUS INTO PSYCHIATRIC TREATMENT, HONE THEIR SUICIDE ASSESSMENT SKILLS, AND HEAR ABOUT THE MOST CURRENT TREATMENT FOR SUICIDAL PATIENTS.

## Conference Agenda

- 7:30AM** REGISTRATION · BREAKFAST · VENDORS · FREE MEMBER BENEFIT OF PROFESSIONAL HEAD SHOTS
- 8:15AM** WELCOME · ANNOUNCEMENTS · CONFERENCE OVERVIEW
- 8:30AM** FAILURE TO LAUNCH: TRANSITION FROM ADOLESCENCE TO ADULTHOOD  
*John Walkup, MD*
- 9:30AM** DOES RESILIENCE REDUCE THE RISKS OF ADOLESCENCE, PREVENT SUICIDE OR PROTECT OLDER ADULTS?  
*Joseph Napoli, MD*
- 10:30AM** BREAK · VENDORS · FREE MEMBER BENEFIT OF PROFESSIONAL HEAD SHOTS
- 11:00AM** BEST PAPER CONTEST AWARDS
- 11:15AM** RESILIENCY EXERCISES  
*Rashi Aggarwal, MD*
- 11:45AM** LUNCH · VENDORS · FREE MEMBER BENEFIT OF PROFESSIONAL HEAD SHOTS
- 12:30PM** IDENTIFICATION AND TRIAGE USING THE COLUMBIA-SUICIDE SEVERITY RATING SCALE: REDUCING SUICIDE, IMPROVING CARE DELIVERY AND REDIRECTING SCARCE RESOURCES  
*Adam Lesser, LCSW*
- 1:00PM** VENDOR BREAKDOWN
- 1:30PM** THERAPEUTIC ROLE OF KETAMINE IN SUICIDAL PATIENTS: MYTHS, DATA & DIRECTIONS FOR FUTURE  
*Basant Pradhan, MD*
- 2:30PM** CLOSING REMARKS

### ACCME Accreditation

THIS ACTIVITY HAS BEEN PLANNED AND IMPLEMENTED IN ACCORDANCE WITH THE ACCREDITATION REQUIREMENTS AND POLICIES OF THE ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION THROUGH THE JOINT PROVIDERSHIP OF THE AMERICAN PSYCHIATRIC ASSOCIATION (APA) AND NEW JERSEY PSYCHIATRIC ASSOCIATION. THE APA IS ACCREDITED BY THE ACCME TO PROVIDE CONTINUING MEDICAL EDUCATION FOR PHYSICIANS. THE APA DESIGNATES THIS LIVE ACTIVITY FOR A MAXIMUM OF **4.5 AMA PRA CATEGORY 1 CREDIT™**. PHYSICIANS SHOULD CLAIM ONLY THE CREDIT COMMENSURATE WITH THE EXTENT OF THEIR PARTICIPATION IN THE ACTIVITY.

